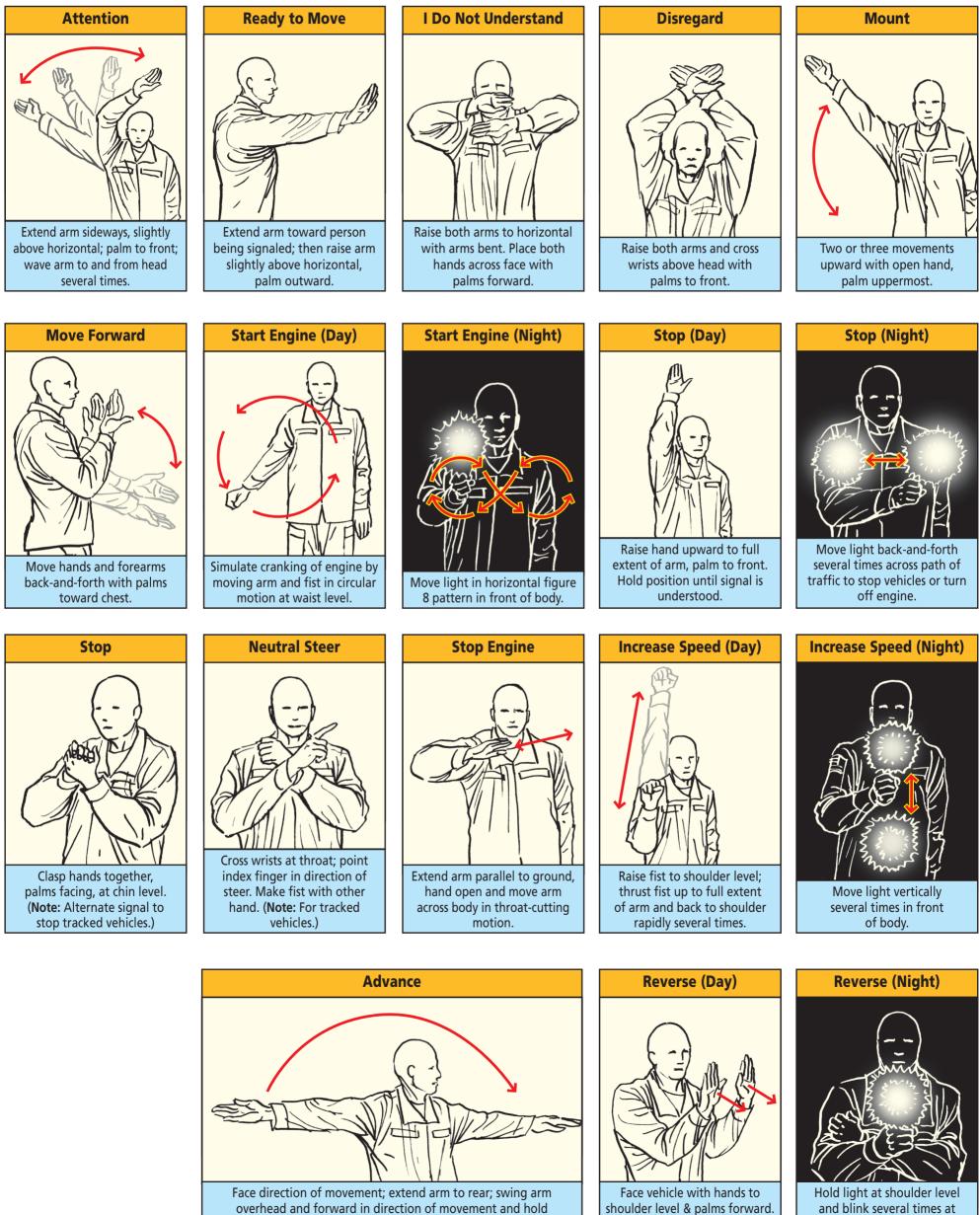
COMBAT AND GROUND



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horizontal with palm down.

shoulder level & palms forward. Move hands forward & back.

stationary vehicle.